



Cowichan Therapeutic Riding Association

at Providence Farm

1843 Tzouhalem Rd., Duncan, B.C. V9L 5L6

Medical, Health, Mental Health Consent Form

Your patient/client _____ has applied to participate in Cowichan Therapeutic Riding Associations Programs. We respectfully request your professional opinion as to the suitability of your patient joining our therapeutic riding and horsemanship programs.

Please review the following Contraindications and Possible Contraindications listed below.

Contraindications

Orthopaedic Conditions

- Acute herniated intervertebral disk
- Atlanto-axial instability, will be allowed to participate with physician confirmation that a current x-ray indicates stability
- Any acute injuries
- Arthritis: acute or inflammatory stage
- Brittle bones (osteogenesis imperfecta) or other pathological fractures
- Coxarthrosis
- Complete quadriplegia
- Dislocation, subluxation or dysplasia of the hip(s)
- Heterotropic ossification in the hip
- Joint replacement
- Moderate to Severe Osteoporosis
- Spinal instability
- Spondylolisthesis
- Structural scoliosis greater than 30 degrees, excessive kyphosis, lordosis, hemivertebra

Medical Conditions

- Any injury, illness or disease in an acute phase, or recent surgery
- Aneurysm, Angioma
- Blood thinner medication used by rider
- Hemophilia
- Hydrocephalus, cranial deficits, shunt; which a helmet will not fit over
- Narcolepsy
- Serious heart condition
- Substance abuse and related disorders
- Uncontrolled Seizures within the last 6 months
- Unstable Diabetes
- Use of medications with affect alertness

Phone: (250)746-1028 Fax: (250)746-1033

info@ctra.ca www.ctra.ca

Charity Number: 891723843RR0001

10/09/2019



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Contraindications cont'd:

Mental Health Conditions

Patients/Clients experiencing the mental health challenges listed below, who are not currently stabilized on a treatment program, or those whom you consider may be dangerous to themselves, others or animals. Please note that we offer therapeutic programming, not therapy.

- Bipolar
- Disruptive disorders
- Dissociative disorders
- Significant neurocognitive disorders
- Schizophrenia/Psychosis

Possible Contraindications:

- Arnold Chiari malformation
- Body sores or skin breakdown in the seat/leg areas
- Incontinence
- Prolonged use of Dilantin
- Rhizotomy in the last 6 months
- Sensory deficit/lack of feeling in specific body parts
- Significant Allergies or Asthma triggered by dander, dust, horse hair, mold etc.
- Spinal fusion/Harrington rod
- Tethered cord
- Any other medical or mental health concern you may have

I have reviewed all of the above Contraindications and Possible Contraindications listed, and I believe that my patient/client _____ would benefit from participating in programs offered by Cowichan Therapeutic Riding Association.

Patient Name: _____ Contact Telephone # _____

Print Name: _____ Signature: _____

Profession: _____ Date: _____

Office Phone: _____

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