



Cowichan Therapeutic Riding Association

at Providence Farm 1843 Tzouhalem Rd., Duncan, B.C. V9L 5L6

January 2024 CTRA Newsletter

Happy New Year one and all! It's been a busy several months at CTRA and it's time to get everyone caught up.

Executive Director Report

As my sixth month at CTRA has rolled by and we have started planning 2024, I feel like I am starting to get to know my way around the facility and understand our programming. I could not have survived the first six months without the support of an amazing CTRA staff, CTRA board members and CTRA volunteers. I am in awe of the stories I am told by participants and volunteers about what CTRA means to them. I feel I have big shoes to fill moving CTRA forward in providing these opportunities for people.

This fall we have facilitated training for both staff and volunteers and it has returned to us in happy horses and happy participants. Our staff Christmas potluck brought us all together to enjoy good food and lots of laughs. I had no idea Sue Kosh is a reformed horse thief. 😊

As we move into 2024 and begin our winter programs we will welcome some new riders and EAL participants, while others take a term break from the cold. CanTRA instructor training started and will continue once a month til the summer. Our volunteer roster has increased and I look forward to being involved in training them and watching them find their place at CTRA. We are thankful for input from participants, volunteers and the community at large as it is so important for us to know we are continuing to evolve to meet the needs of the Cowichan Valley.



When you are at CTRA please stop by my office to say hello. If my office door is closed, just knock. It might just be that I am trying to stay warm.

2024 CTRA Memberships

CTRA welcomes YOU to become a voting member for 2024!

[Click here](#) to submit a membership form. Memberships are valid January 1 to December 31 each year. After completing the online form, the \$20 membership dues can be e-transferred to payment@ctra.ca.





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Fall Newsletter

[Click here for the Fall 2023](#) newsletter which is available on our CTRA website.

Coordinator of Volunteers Report

The Fall Terms were well supported by 82 volunteers who helped us during September to December. We had orientations with several people and brought in seven new volunteers who joined our crews. During the last quarter, our volunteers worked in a number of areas: eight were groomers, two were horse schoolers, twenty-five were barn and maintenance helpers, four helped with the Jane James Tack Store, twenty-one acted as horse handlers and twenty-two were side walkers.

Program Report

Both of the Fall 1 & 2 Terms ran smoothly, with the majority of lessons running as scheduled. CTRA had twenty-nine participants involved in therapeutic riding, two took part in therapeutic horsemanship lessons and four took integrated riding lessons. The Equine Assisted Learning classes included a volunteer group, a home-school group (Nature Collective S.D 79), Duncan Christian School, and First Responders.

Upcoming Events

Date	Event
March 3, 2023 (tentative)	Horse First Aid (Dr Kaitlin McDonald) this will be open to the equine community and is a fundraiser for CTRA
March 11th - 15th	Cartier Farm EAL Facilitator training,
Date To Be Announced	Spring Pub Night
April 17, 2024	AGM at 6:30 pm in the CTRA Lounge
May 4, 2024	Mending Fences - supporting upgrades to the stable and arena

Fundraising Updates

- ★ Thank you to Cocoa Love in Duncan and everyone who participated in our holiday chocolate fundraiser. We raised \$667 for CTRA horse care and programming.
- ★ Thank you to Buckerfields Duncan as CTRA received \$750 from their "Pet Photos with Santa" event in December.
- ★ CTRA also held a Facebook Online Auction in November and thanks to our generous donors and enthusiastic bidders, a total of \$6126 was raised. Wow!



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Horse Sponsorships

Several members of our therapy horse herd are generously sponsored. Some of CTRA's wonderful horses are still looking for full or partial sponsors such as Maeve, Dudley, Maddy, Josefa, and Fabio!

Therapy Horses	Fabulous Sponsors
Bliss	Dr. Danielle Fritz DMV
Ember	Ruth Howell Family
Fabio	Malahat Lions
Josefa	Ladysmith Health Auxiliary
Nova	Promac Group
Smokey	Duncan Rotary Club
Yilden	Duncan Lions Club
	Full Sponsor Needed
Dudley	Add your name here 🐾🐾🐾
Maddy	Add your name here 🐾🐾🐾
Maeve	Add your name here 🐾🐾🐾
	Partial Sponsor Needed
Bliss	Add your name here 🐾🐾🐾
Fabio	Add your name here 🐾🐾🐾
Josefa	Add your name here 🐾🐾🐾



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2023 Donors to Cowichan Therapeutic Riding Association

The support of our donors makes it possible for CTRA to continue to provide high quality programming. CTRA strives for a funding model that is derived equally from three revenue streams: rider fees, government grants and private funding raised through foundations and individual donors to fund our over \$500,000 total annual budget. Maintaining affordable fees, trained staff, a herd of therapy horses as well as our indoor facilities creates high overhead costs.

We are thankful for donations from these individuals and organizations. Thank you from the bottom of our hearts!

<p>Gold Donors \$6000 +</p>	<ul style="list-style-type: none"> ★ Elizabeth Erickson Foundation ★ Dr. Ann Worth Foundation ★ Duncan Lions Club – Yilden’s Horse Sponsorship ★ Duncan Rotary Club – Smokey’s Horse Sponsorship ★ Lloyd Milburn Foundation 	<ul style="list-style-type: none"> ★ Promac Group – Nova’s Horse Sponsorship ★ Ruth Howells Family – In memory of Ruth – Ember’s Horse Sponsorship ★ Victoria Foundation - Laura Ferriera ★ Warmland Women Who Care (All 69 members)
<p>Silver Donors \$2000- \$5999</p>	<ul style="list-style-type: none"> ★ Canada Gives – Anthony & Tammy Hull ★ Canada Helps – Memorial for Ruth Howells ★ Chemainus Health Auxiliary ★ Chemainus Legion ★ Dr. Danielle Fritz DMV- Bliss Partial Horse Sponsorship 	<ul style="list-style-type: none"> ★ Ladysmith Health Auxiliary – Josefa’s Partial Horse Sponsorship ★ Malahat Lions – Fabio’s Partial Horse Sponsorship ★ Nicola Wealth Management (Craig Family Charitable Fund)
<p>Bronze Donors \$500 – \$1999</p>	<ul style="list-style-type: none"> ★ Bruce & Patsy Tanner ★ Buckerfields ★ Cedar Lion's Club ★ Cowichan District Riding Club ★ Duncan Elks Lodge #69 ★ Fraternal Order of Eagles #2101 Aerie ★ Jackie Killick ★ Jon Cowie ★ Kimberley Taylor 	<ul style="list-style-type: none"> ★ Mill Bay Lions Club ★ Prov. Employ Comm.Services ★ Royal Canadian Legion #134 ★ Royal Canadian Legion #171 Ladysmith ★ Royal Canadian Legion #210 Lake Cowichan ★ Sassy Lion Thrift Store ★ UK Online Giving Foundation



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Friend of CTRA \$25 – \$499	<ul style="list-style-type: none"> ★ Alan Davies ★ Anne Muir ★ Barbara Allen ★ Bernice Noga ★ Betty James ★ Candice Campbell ★ Cheryl Watson ★ Coleen Koch ★ Delia Wellwood ★ Donna Jamieson ★ Jane James ★ Janet Barclay ★ Joan Garlick ★ John & Judith Appleby ★ Joy & Glenn Matthews 	<ul style="list-style-type: none"> ★ Judith Hardwick ★ Kathy Howery ★ Leo Mosley ★ Lene Clayton ★ Marlene Hayes ★ For Pet's Sake Duncan - Oodyoos ★ Raymond Roy ★ Richard & Barbara Grimes ★ Rob Hallam ★ Shari Gueret ★ Sherry Walsh ★ Tom Paterson ★ United Way of Victoria ★ Violaine Mitchell
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Also **THANK YOU** to all the people that have donated through Canada Helps and through our tack shop. You are too many to name and we risk leaving someone out. Please know you all are a vital part of keeping CTRA running and for providing the programming that puts smiles on our participants' faces.

Finally, **THANK YOU** to everyone that donates gifts in kind and services during 2023. CTRA understands these products, discounts, or services offered are your continuing support for CTRA.



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Tails at the End

Reindeer Games

Lessons in December mean some of our participants joined in reindeer games. Smokey the reindeer was carrying some of Santa's helpers as they picked up items in the arena to decorate the tree. The smiles and laughter were infectious! These games were a wonderful way to wind up a productive fall riding term.



DR. DANIELLE FRITZ
DVM INC.



Rotary



PROMAC

